

FUNCTIONALAB

ADVANCED NUTRICOSMETICS & NUTRACEUTICALS

Hair, Skin & Nails

11 Active Beauty Ingredients Specially Formulated to Nourish and Support Healthy Hair, Skin & Nails.

DESCRIPTION

Hair, Skin and Nails from Functionalab combines 11 active beauty ingredients specially formulated to nourish and support healthy hair, skin and nails. This active formula provides 9 mg of Zinc, essential for healthy hair, skin and nails; 60 mg of Vitamin C which contributes to normal collagen formation and normal function of skin and blood vessels; and 0,8 mg of Vitamin A that contributes to the maintenance of normal skin and mucous membranes.

FUNCTIONS

Vitamin C (ascorbic acid) has numerous biological functions. Foremost, it plays an essential role in the synthesis of collagen and glycosaminoglycans which are the building materials of all connective tissues, such as skin, blood vessels, tendons, joint cartilage and bone. Vitamin C is the required coenzyme for two groups of enzymes that catalyze the crosslinking of collagen fibers - lysyl hydroxylases and prolyl hydroxylases. As such, vitamin C is essential for normal wound healing and capillary health. It also participates in the biosynthesis of carnitine, serotonin, and certain neurotransmitters, including norepinephrine.

Vitamin C is among the most powerful antioxidants in humans and animals. It is a water-soluble, chain-breaking antioxidant that reacts directly with superoxide, hydroxyl radicals, and singlet oxygen.

Vitamin A (retinol) is a fat-soluble vitamin essential for vision, growth, reproduction, cell division, and the integrity of the immune system.

Minerals play a variety of essential roles throughout the body. Calcium is the principal mineral constituent of bone and is thus essential for healthy bone structure and function. Calcium also participates fundamentally in blood clotting, nerve conduction, and muscle contraction. Magnesium is involved in energy metabolism, and is notably important in the heart, skeletal muscles, and nervous system.

Manganese is essential for antioxidant systems in the body, bone growth, fat metabolism, and protein, nucleic acid, and cartilage synthesis. Zinc is important

for growth, immune system function, protein synthesis, antioxidant mechanisms, and wound healing.

In the human body, iron is present in all cells and has several vital functions -- as a carrier of oxygen to the tissues from the lungs in the form of hemoglobin (Hb), as a facilitator of oxygen use and storage in the muscles as myoglobin, as a transport medium for electrons within the cells in the form of cytochromes, and as an integral part of enzyme reactions in various tissues.

Hair, Skin & Nails refreshes the body's store of 11 active beauty ingredients that help nourish the hair, skin and nails.

Vitamins A, and C help scavenge for free radicals in the skin, aiming to neutralize them before damage can be done. Vitamin C also helps protect the skin from sun damage, which can lead to premature aging, and enhance the synthesis and protection of collagen, one of the key proteins that help skin maintain its strength and elasticity. Zinc has been shown to come to the rescue when skin has been damaged.

Research into the cosmetic benefits shows that biotin help improve the thickness and hardness of brittle nails, reducing the risk of splitting. Studies showed that soya can help improve the strength, manageability and overall appearance of hair, skin and nail, as rated by dermatologists.

FORMULA

Nutritional information		
Serving Size 2 Tablets		
Servings Per Bottle 30		
Amount Per Serving	%RDA*	
Vitamin A	0.8 mg	100%
Vitamin C	60 mg	75%
Biotin	60 mcg	12%
Calcium (as Calcium Citrate/Malate Complex)	180 mg	23%
Magnesium (as Magnesium Malate)	160 mg	43%
Zinc (as Zinc Citrate)	9.0 mg	90%
Manganese (as Manganese Gluconate)	0.5 mg	25%
Iron (as Ferronyl®, Carbonyl Iron)	14 mg	100%
Soy Lecithin	120 mg	†
Gelatin	150 mg	†
Lycopene	6 mg	†

*RDA = Recommended Daily Allowance
† Daily Value not established

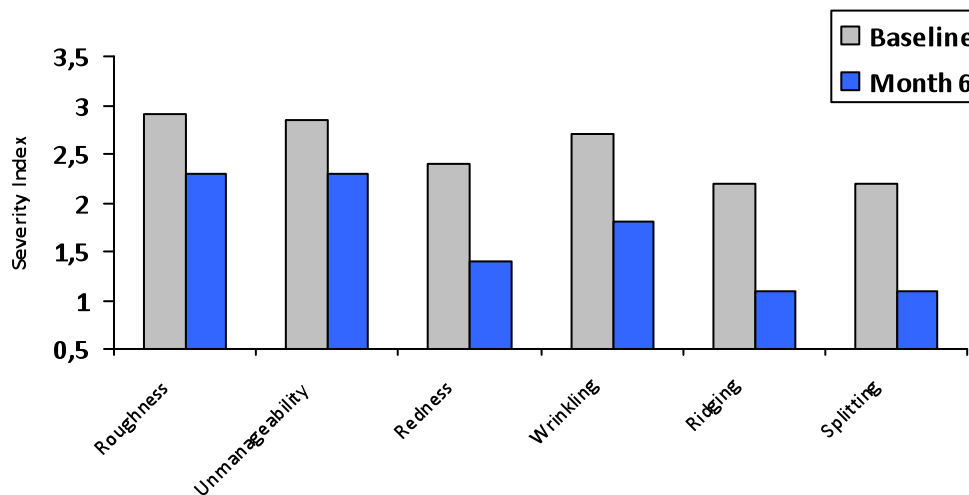
Other ingredients: Cellulose, Carboxymethylcellulose, Steric Acid, Magnesium Stearate, Silica

SUGGESTED USE

Adults take 2 capsules daily with meals or as directed.

SIDE EFFECTS

Over 6 months, soya supplements significantly improved the appearance of hair, skin and nails



www.functionalab.com

1-866-969-7068

This product is not intended to diagnose, treat, cure, or prevent any disease.

No adverse side effects reported

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

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